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**Media Advisory:**  
**October 13, 2015**

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## Thurston High Celebrates “Week of Life” Oct. 12-16

Springfield, Ore. – Thurston High School’s Peer Group has planned a week of activities around the subject of teen suicide.

**What:** Suicide Prevention Week  
**Where:** Thurston High School, 333 58<sup>th</sup> St., Springfield  
**When:** October 12–16, 2016

**Monday:** First period English classes received educational gifts and posters.

**Tuesday:** Students were invited to attend an optional assembly, “A Mother’s Story” in the main gym, with guest speaker Kristen McGillvery, mother of Rigdon Sherman (a THS student who committed suicide in 2012), and a speaker from the American Foundation for Suicide Prevention.

**Wednesday:** Preventing Suicide Day– Signs will be posted around campus with information about how to access help during times of struggle.

**Thursday:** Make a Difference Day – Students will have an opportunity to send kind notes, buttons and other items to peers and staff to promote positivity, appreciation and care.

**Friday:** Day of Hope – Students will be invited to write positive messages on a large sheet of construction paper in the gym.

