

Social Skills Themes for the 2017/18 School Year

Our Social Skills theme for the month of October is "Fall"owing Directions, with a focus on skills for learning. Some skills you can talk about with your child to reinforce this theme are: Learning to Listen, Focusing Attention, Following Directions, and Being Respectful.

Our Social Skills theme for the month of November is "Keep Calm and Be Assertive", with a focus on skills for learning. Some skills you can talk about with your child to reinforce this theme are: Self-talk and Staying on Task, Being Assertive (Asking for Help), and Planning to Learn.

Our Social Skills theme for the month of December is "Feeling Like Winter", with a focus on empathy. Some skills you can talk about with your child to reinforce this theme are: Identifying Feelings (Happy, Frustrated, Sad), Having Empathy (Understanding How Others Feel), Feeling Confident, Identifying Others' Feelings, Understanding Perspective, Respecting Similarities and Difference, Understanding People's Feelings, and Predicting Feelings.

Our Social Skills theme for the month of January is "Walk in Their Shoes", with a focus on empathy. Some skills you can talk about with your child to reinforce this theme are: Same or Different Feelings as Others, Accidents Happen, Caring and Helping, Feelings Change, Showing Compassion, Accepting Difference, Making Friends, Conversation and Compliments, Joining In, and Disagreeing Respectfully.

Our Social Skills theme for the month of February is "Check yo'-self", with a focus on managing emotions. Some skills you can talk about with your child to reinforce this theme are: Managing frustration, how to calm down strong feelings, handling waiting, identifying Our Own Feelings, Managing Embarrassment, Handling Making Mistakes, Managing Test Anxiety, Handling Accusations, Calming Down.

Our social skills theme for the month of March is "March Madness", with a focus on managing emotions. Some skills you can talk about with your child to reinforce this theme are: Managing Anger, Managing Disappointment, Calming Down Anger, Managing Worry, Managing Anxious Feelings, Managing Hurt Feelings, Handling Put-Downs, Managing Frustration, Resisting Revenge, Handling Put Downs, .Avoiding Assumptions

Our social skills theme for the month of April is "S.T.E.P. it up", with a focus on problem solving. Some skills you can talk about with your child to reinforce this theme are: Solving Problems, Inviting to Play, Having Fun with Our Friends, Fair Ways to Play, Taking Responsibility, Taking Responsibility, Making a Plan, Seeking Help

Our social skills theme for the month of May is "Workin it out", with a focus on problem solving. Some skills you can talk about with your child to reinforce this theme are: Handling Having Things Taken Away, Handling Name Calling, Responding to Playground Exclusion, Playing Fairly on the Playground, Solving Peer Exclusion Problems, Dealing with Negative Peer Pressure, Taking Responsibility for Your Actions, Dealing with Gossip.