

TIPS FOR SUPPORTING DISTANCE LEARNERS



Just like in-person school, kids will do better when you set them up for success.

- **Make sure their basic needs are met:** A good night's sleep, a good breakfast, and physical activity are always important.
- **Make sure they have a quiet, consistent place to work:** Review our tips for setting up a learning space.
- **Set clear expectations:** Lay out the plan for each day. Remind them that school is NOT optional.
- **Set goals:** Start small. Consider ideas for positive reinforcement – give them a couple of options for what can happen if/when they accomplish their goal.
- **Stay positive:** Let them know that every student, every parent, every teacher is learning right now. It's okay to ask for help – don't wait until you get frustrated.
- **Work on building confidence:** Praise perseverance and effort. Mistakes are just another way to learn.

Click the underlined links to read more on each topic.