

Preparing for Preschool

Summer is passing by more quickly than planned, and you may be panicking because you're sending your child off to preschool. Are they ready? Are you ready? Preschool is a large milestone in a young child's life, and you want to ensure you, and your child, transition smoothly.

As a preschool teacher here are some helpful insight and suggestions for making the jump to preschool successful.

Visit or tour the school before school begins.

Practice getting in/out of car seats so pick up and drop off will be less stressful.

Practice counting objects and counting aloud.

Read daily and ask questions as you read to your child (probably the most important thing to do!) Examples of simple ways to help develop pre-reading skills while reading together include, pointing to words on the page as you read, or having your child point to words, or asking how many words are on a page.

Our advice for first time preschool parents is to trust and talk with your child's teacher often. We love your children just like they are our own and we truly want the best for each and every child in our school. Keep the morning good-bye short, sweet and positive because some students are very anxious the first few days. It's very encouraging for the student if you remain calm and upbeat because children can sense when a parent is stressed or sad.

Just try not to worry, and if you have questions, thoughts or concerns feel free to talk with their teachers. We are huge on communication and being on the same page with parents so things remain consistent for the students; great communication helps everyone involved.

Plan for rest time. School will wear them out. Especially those children who have never been in a school program or are still used to taking a nap.

Good luck as we begin this exciting and sometimes scary adventure into education. Remember these tips and try to enjoy it!

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